Vice Chair opened the meeting with Serenity Prayer at 1:30 PM. Volunteers read the 12 Traditions the 12 Concepts and the 3rd Concept.

#### **Roll Call:**

Administration		Jan	Feb	March	April	May	June
Chairperson	Vacant	Р	OPEN	OPEN	OPEN		
Vice Chair	Dave T.	Р	Р	Р	Р		
Sr RCM	Kim S.	Р	Р	Р	А		
Jr RCm	Open	OPEN	OPEN	OPEN	OPEN		
Treasure	Open	OPEN	OPEN	Р	Р		
Vice Treasure	Mike C.	Р	Р	OPEN	OPEN		
Secretary	Open	OPEN	OPEN	А	EXCUSED		
Alt. Secretary	Open	OPEN	OPEN	OPEN	OPEN		
Literature	James S.	Р	Р	Р	Р		
GSR'S							
1st Ocala	James D.	Р	Р	Р	Р		
Reach for Recovery	Allan	Р	Р	Р	Р		
Belleview Group	Linda	Р	Р	Р	Р		
Celebrate Recovery Brothers & Sisters in	Sandy R.	Р	Р	Р	Р		
Recovery	Rebecca C.	Р	А	Р	Р		
Serenity in the Shores	Jami	А	Р	Р	А		
Progressive Recovery	Jackie	А	Р	Р	Р		
Winners Circle	Jan	А	Р	Р	Р		
Just for Today	Donald S.	Р	Р	А	Р		
Unity	Carrie H.	Р	Р	Р	Р		
United We Stand	Cheryl	Р	Р	Р	R		
Friends In Recovery	Dave S.	А	А	Р	Р		
Recovery First	Heather	Т	Р	Р	Р		
Clean as a Whistle	Tommy		А	Р	Р		
Last Chance Recovery	BTW			R	R		
Peace Within Group	BTW			R	Р		
Hope & Freedom				Р	Р		
Subcommittees							
H&I	Rocky	Р	Р	А	Р		
Activities	Michelle	Р	Р	Р	Р		
Helpline	Mark R.	Р	Р	А	Р		
Public Relations	Open	OPEN	OPEN	OPEN	OPEN		
		<u>Pg. 1</u>	<u>of 28</u>				

Internet Technology Tommy G A P P A

Quorum was met.

#### **OPEN FLOOR**

- David explained Secretary's absence and requested it be an excused absence. Straw poll was taken and unanimous decision to accept as excused absence.
- David T. brought a possible project for the Forest Area Groups to discuss, which is an opportunity to sponsor men and women who are incarcerated through the mail. There are approximately 20 women at Lowell Reception Center who are requesting the chance to work the steps while they are incarcerated. The guidelines were adapted from a California ASC, and have been successfully in use for a number of years.
- David also brought a flyer concerning the requests from the Women's Marion County Jail and the Marion Correctional Institution for men in Lowell who are asking for some men to come and help them set up their own home group and help start their own meeting which would be a Behind the Walls or an open style H&I meeting. The flyer was approved by straw poll to be distributed, and was requested to be read at all meetings. It was also mentioned that there is a juvenile facility out at Lowell desiring an H&I Presentation.
- Literature Chair stated that the Florida Region was going to set up those meetings but he was informed that they have asked the FASC to do what we can.
- Vice-Chair quickly discussed the way our fellowship works; explaining that each member joins a home group, and the home groups join together as an Area Service Committee to serve the local NA community and they carry the voice and conscience of the (members) groups through each GSR to the Area Service Committee. The Areas tell the Region what they want or need, through the RCM, who carries the groups' conscience to the Region as the voice of the Area. The Region can make suggestions to the Areas but does not have the authority to tell the ASCs what or how to provide services. The voices and consciences of the members through the GSR to the RCM carry the voices to the Regional Delegates to World Services to are there to serve the members at large. This is an upside down Pyramid.

#### Secretary's Report:

• Secretary's report read by Vice Chair, minutes from March accepted Hi family addict named June,

I hope all received your minutes, I did get one call from a group who did not and they were emailed out to them right away. I hope you can please excuse my absence from this month's area. I have been sent to a National Coder's Conference in Orlando for 4 days beginning at 8 this morning. This is an excellent opportunity provided by my work and will give me an entire years' worth of continuing education units paid for! I will be at next area and will work with Dave T to get the minutes out. He has been awesome!

In loving service June H. Secretary

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#### **Sub-Committee Reports**

<b>Treasures Report:</b>	Please see attached report
Literature Report:	Please see attached report
<u>Sr. RCM Report:</u>	Please see attached report
Web Servants Report:	Please see attached report

#### H & I Report:

04-14-13	H&I Report
Jail:	Doing good, needs a meeting coordinator
NPI:	Coordinator stepped down, Heather is new NPI Coordinator with Michelle as Co-coordinator.
Vines:	No Report from Coordinator
Phoenix House:	No Report

Two new members were approved for NPI. It has been reported that one of the H&I Panel members is carrying a message which is not a clear NA message, using *"sober"* rather than *"clean"*, which I will speak to her and get it worked out. We voted in two observers.

Rocky J. H&I Chairperson

#### Helpline Committee: Please see attached invoice

Help Line 3 people voting members voted to change out-going message for Wednesday for 6pm meeting to change to Sisters and Brothers in Recovery from Sisters in Recovery. Took in 50 calls, 20 to live addicts. In Loving Service

Mark R. Helpline Chairperson Public Relations: Open

### **Activities Report:**

#### Activities Subcommittee April 2013

We did not meet this month. Unfortunately I had something happen that prevented me from attending the scheduled meeting last Sunday. I met up with our Treasurer on Monday, the week of the event to get the check for \$200. Since our last ASC the committee has had two functions. On March 30<sup>th</sup> we had our Easter egg hunt. The committee spent \$143.85 for this event, so after we put the \$43.85 back towards the seed money for the next event, I was able to make a deposit for \$53.25 into the ASC account. We have supplies such as hamburgers and hotdogs left over from this event. Bill H. from Leesburg was our speaker and phoenix House came as well. It was a nice event. We had a hunt for the kids with prizes for the children who found eggs with prizes in them. The kids' event was immediately followed up with a hunt for the adults, with NA memorabilia as their prizes with the top prize won by Lauren which was a DACNA registration. The next even took place last night (4-13-13) in Leesburg at the Last House On the Block (LHOB). We opened with a meeting with Jan from Leesburg as the speaker. As soon as the meeting was over we had the dance. It was not a good turn out. There was maybe 25-30 people

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present. We still had a good time. There was a few members from AA that attended & we welcomed them and they seemed to really enjoy themselves. At the end of the night we went over the receipts and expenses due and in total we made no money from the dance. At the end of the night we collected \$90. There was \$2.16 left after the supplies were bought. There was a \$50 donation to LHOB for the use of the facility. The remaining \$42.16 went to the DJ. The committee is looking forward to the next event which will be the Tube Run at Rainbow Springs on May 27<sup>th</sup>. If you plan on tubing you need to be there early (approximately 7:30-8:00am. At this event we provide the charcoal, you bring your own food. To cover the cost of the Tube Run is \$10.60 per person. They accept Visa, MasterCard or cash. If you participate by attending the Tube Run getting into the head springs will be free for you. If you just want to come to the picnic part of it I believe it will cast you \$5.00 to get into the park. The committee is looking forward to seeing you all at the next event.

In Loving Service Michelle L.

#### **GSR REPORTS:**

# **First Ocala Group:**

**GSR:** James D. **Alt. GSR:** N/A Average attendance: 25 Approximate Number of Newcomers: 5 Area contributions: \$135.66

Planned Events or questions or matters regarding Group Conscious Announcements Anniversaries: Teresa D. 24 years (4-24-89), Reggie C. 4 years (04-12-09), Raffe. 2 years (04-23-11), Ed M. 7 years (4-20-06), Daniel S. 3 years (4-29-10) Elections Dave T. Chair yes

### **Belleview Group:**

**GSR:** Linda V. Alt. GSR: Marianne D. Average attendance:17 Approximate Number of Newcomers: 2 Area contributions: \$0

Planned Events or Matters Regarding Group Conscious: Bellview Grp. Campout/Speaker Jam- April 27-28 (see flyer for details) Anniversaries: Frankie F. 9 years (04-9-04) Announcements: Campout see flyer Elections Dave T. Chair yes

### **Celebrate Recovery:**

**GSR:** Sandy R. Alt. **GSR:** Open. Average attendance: 18 Approximate Number of Newcomers: 2 Area contributions: \$32.00

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Planned Events or Matters Regarding Group Conscious: Anniversaries: Mark R. 15 years (04-15-98) celebrate 04-21-13 Announcements: Elections Dave T Chair

# **Reach for Recovery:**

GSR: Allan W. Alt. GSR: Open. Average attendance: 15 Approximate Number of Newcomers: 5 Area contributions: \$0 Planned Events or Matters Regarding Group Conscious: Anniversaries: Mary Anne, 24 years (04-14-89), Fran R. (04-20-05) – Celebrate Wednesday 4-27 @ 8pm Announcements: Elections Dave T Chair yes <u>Sisters & Brothers in Recovery</u>:

GSR: Rebecca C. Alt. GSR: Open. Average attendance: 8 Approximate Number of Newcomers: 2 Area contributions: \$0 Planned Events or Matters Regarding Group Conscious: Anniversaries: Ed 7 years (04-20-06), Rebecca C 11 years (04-12-02) Celebrate 04-24 6pm Announcements: Meeting are picking up Elections Dave T Chair yes Serenity in the Shores:

GSR: Janie Alt. GSR: Holly B Average attendance: Approximate Number of Newcomers: Area contributions: Planned Events or Matters Regarding Group Conscious: Anniversaries: Announcements: No Report Elections

### **Progressive Recovery**

**GSR:** Jackie R Alt. **GSR:** Eric Average attendance: 6 Approximate Number of Newcomers: 1 Area contributions: \$9.57 Planned Events or Matters Regarding Group Conscious: Anniversaries: Announcements: Elections

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# Winners Circle:

GSR: Jan Alt. GSR: Mike S Average attendance: Approximate Number of Newcomers: Area contributions: Planned Events or Matters Regarding Group Conscious: Anniversaries Announcements: No Report Elections

# Just For Today:

**GSR:** Donald S. Alt. **GSR: Average attendance:** 3 **Approximate Number of Newcomers:** 1 **Area contributions: Planned Events or Matters Regarding Group Conscious: Anniversaries: Rick N. 16 years (04-15-97) Announcements:** 

### Unity Group

**GSR:** Carrie Alt. GSR: Average attendance: 15 Approximate Number of Newcomers: 4 Area contributions: \$.96 Planned Events or Matters Regarding Group Conscious: Anniversaries Announcements::

# **United We Stand**

GSR: Lorretta Alt. GSR: Average attendance: 9 Approximate Number of Newcomers: 2 Area contributions: \$6.80 Planned Events or Matters Regarding Group Conscious: Anniversaries: Michelle L. 18 years June 5 Announcements::Last fri of the month speaker&game nite and pot luck dinner

# Hope and Freedom

**GSR:** Frank Alt. GSR: Average attendance: 25 Approximate Number of Newcomers: 6 Area contributions: \$0 Planned Events or Matters Regarding Group Conscious: Anniversaries

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#### Announcements::

# Friends in Recovery

**GSR:** David S Alt. **GSR:** Average attendance: 10 Approximate Number of Newcomers: 1 Area contributions: Planned Events or Matters Regarding Group Conscious: Anniversaries: Announcements::

#### **Recovery First**

GSR: Heather Alt. GSR: Loren Number of Home Group Members: Average attendance: 12 Approximate Number of Newcomers: 2 Area contributions: Planned Events or Matters Regarding Group Conscious: Anniversaries Ed M. 7 years (04-20-06) Deanne (05-15-98) Announcements::

#### Clean as a Whistle

GSR:Alt. GSR:Average attendance: 11Approximate Number of Newcomers: 2Area contributions:Planned Events or Matters Regarding Group Conscious:AnniversariesAnnouncements:

# Old Business

Regional Motion # Proposed 2013-2014 Regional Service Conference Budget YES (10) NO (0) ABSTAIN (3)

Regional Proposal #01-03-13 (Bahamas/Bermuda Outreach Workgroup Forest Group Conscience YES (10) NO (0) ABSTAIN (3)

# New Business

**No New Business** 

Motion# 11-13
Second by: First Ocala
To nominate/elect Dave T as Chairperson of Forest Area Service Committee.
d to groups. **** <u>Note:</u> It was determined that Roberts Rules does not over-
rea Policy, because in no place in the policy is that over-ride mentioned.
reversing previous challenge to the chair. See attached Qualifications.

YES (12) NO (0) ABSTAIN (0)

Date: 3/10/13Motion# 12-13Maker: BelleviewSecond by: Reach for RecoveryMotion:Nominate Richard R for Alt. Secretary.\*\*\*\*\*Tabled to groups \*\*\*\*\*NOMINEE FAILED TO SHOW UP FOR AREA

Date: 4/14/13 Motion# Approve Activities Flyer for Annual Tube Run Approve Hope and Freedom's Summer Blast Flyer

#### PASSED

Flortions

#### **PLEASE NOTE:**

Forest Area Service Committee will be held on Mother's Day May12<sup>th</sup>, 2013 at our regular time...We will make it a very short meeting (1 hour or less), so please try to attend.

3:35pm Motion to close, 2<sup>nd</sup> followed by closing prayer

# **ANNOUNCEMENT SHEET**

- Activities sub –committee meets 1<sup>st</sup> Sunday at CATS 12:30 pm
- H&I, Phone line, and Helpline meets 1<sup>st</sup> Monday at First Presbyterian Church 6:45pm
- Area service committee meets 2<sup>nd</sup> Sunday at ST. Mark's United Methodist church 1:30pm



FOREST AREA R.C.M. REPORT <u>Next ASC</u> Sun, April 14, 1:30 Ocala, FI St Mark's United Methodist Church <u>Next FRSC</u> Thurs. May 17th, 10pm---Sun. May 19<sup>th</sup>, 5pm Orlando World Center Marriott 8701 World Center Dr Orlando FI 32821

April 14, 2013

Friday - Welcome	
10pm – 11pm (suggested)	Recovery Meeting
Saturday - Fellowship I	Development
7am – 8am (suggested)	Recovery Meeting (Just For Today)
9am – 10am	• Orientation ( <u>Booklet</u> )
10am – 12:30pm	Area Support Group Meeting
10am – 12.30pm	Fellowship Development Group (Project Ideas / Prioritization / Roundtable Meeting)
12:30pm – 2pm	Lunch on own Administrative Meeting (as necessary)
2pm – 2:15pm	Behind the Walls Orientation
2:15pm – 4:30pm	Fellowship Development Group (Project Ideas / Prioritization / Roundtable Meeting)
2.100111 -1.000111	Fellowship Development Group (Workgroup Meetings as needed)
4:30pm – 5:30pm	Communication Meeting (Fellowship Development / HRP / Admin)
Saturday - FRC Board a	and HRP
10am – 2pm	FRCNA Board Meeting
	HRP Meeting and Interviews

Saturday - Evening

5:30pm – 8:30pm	Dinner on own
8:30pm – 9:30pm	Recovery Meeting (Speaker)
9:30pm – 12am	Activity / Event TBD
Sunday - Florida Regio	nal Service Conference
7am – 8am (suggested)	Recovery Meeting (Just For Today)

\*This schedule occurs in January, May, July, September and November. March, in odd years is reserved for the Florida Service Symposium (Thursday, Friday and Saturday). March, in even years is reserved for the GSR Assembly (Friday & Saturday)

FELLOWSHIP DEVELOPMENT REPORT:

#### Fellowship Development Leader & Co-leader: Joel B. & Gilbert O.

Workgroups Here are the current workgroups that are active and their status.

1 – **Service Symposium** – need volunteers to pick up members arriving at the airport. We need areas announce the need for people to register and purchase the food they will want and make their room reservations.

#### 2 – Behind the Walls –

Guidelines ready to be presented regarding: writing steps in recovery, members attending behind the Walls meetings, and needs for Behind the Walls for the region as well as the areas

3 – **Co-operation vs Affiliation** –proposal back to areas for discussion to be approved at next region Workgroup is complete.

4 – **Fellowship Development Inventory**- is still being worked on by the workgroup and results will be reported at next RSC.

5 - FRCNA Policy/By Laws/Articles of incorporation – is active and being worked on.

6 - Literature in Pharmacies - the workgroup is completed. The local area PR

Can approaching Mom and Pop pharmacies. The large corporate pharmacies no success with communicating the need for racks in their pharmacies.

7 – **Predatory Behavior** – we have a final draft and the final editing and review will be done by the March RSC.

8 – **Proposal to Foxhill Prison** –letter is written and is on hold till travel group is put together.

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9 – **Roles and Responsibilities** –Outline has been completed and a formal version will be the next step towards completion.

10- **Bahamas Bermuda outreach –**I **Proposal** –To revise two line items in the Admin Budget to read Bahamas Workshop Travel and Bermuda Workshop Travel. The amount of \$3600 for each line item is to remain as is.

11- **HRP Refinement**-some work has been started and more is being done such as reviewing the current HRP form.

12- **Traditions workbook input**- 6 workgroups have been staffed some of the members have been contacted and the rest will be contacted within the next few weeks and the workgroups will be working soon.

#### RD/AD REPORT:

#### RD/AD Team: Regional Delegate, Sandy M. - Alternate Delegate, Mark B.

• March 21-24, 2013 – Fifth Florida Service Symposium will be held at the Sheraton Tampa East, 10221 Princess palm Avenue, Tampa FL, 33610. (813-246-7119) **Room registration cut- off date will be March 11, 2013** Registration Free Meals: Women in Service Banquet \$28.00 Fri., Unity Banquet \$35.00 Sat., Box Lunches \$15.00 ea Fri / Sat. Are advance purchase by March 1,2013

• WCNA 35 August 29 – September 01 2013 Philadelphia PA\_Early Registration Packages will be available visit www.na.org /wcna for updates

#### \*See full report on website <u>www.naflorida.org</u>

#### **HRP LEADER REPORT:**

#### HRP Coordinator: Stephanie W:

#### **Open Positions**

1 position(s) Human Resources Panel member for FRSC – 8 years clean time and human resources experience/ interviewing skills

1 position(s) Alternate Secretary for the FRSC – 3 years clean time and secretarial/ recording experience

Work Groups to be staffed: Disaster Plan, Traditions Workbook Input

All interviews for FRSC positions including elected and workgroup staffing will be held on Saturdays of RSC weekend and phone interviews may be conducted between RSCs.

All RCMs, Regional servants and workgroup members are required to have a current HRP form on file (it is very important that we communicate to the fellowship the importance of the HRP form if you have not filled one out yet please go to <u>www.naflorida.org</u> and fill one out)

### RSO INC:

### RSO BOD: Bob K

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We are looking forward to the symposium and will be there with lots of merchandise for your shopping pleasure. Please remember that all that we have is on our web site www.floridarso.org for your convenience. We want to remind you of our printing service. When you have events, remember we will send you merchandise for your event, you sell it and we split the profits.

We invite you to Come and see your new Regional service office at 2222 S Combee Rd in beautiful downtown Lakeland in the heart of the Florida region.

#### FRC INC.REPORT:

#### President: Shar Smith:

• Upload cds at www.naflorida.org/speakers.

• Hospitality committee is asking home groups to sponsor a marathon meeting and/or the hospitality room during FRCNA. frcna32@gmail.com

- MAY FUNRAISER will be a Cartoon character theme dance
- The pre-ordered mug and Camp Shirts will only be available if pre-ordered.

#### • FRCNA 32 will be held July 4-7, 2013 at the Marriott World Center, 8701 World Center Drive, Orlando, FL 32821. Reservations Toll Free: 1-888-789-3090.

Reservations Local Phone: 1-506-474-2009 The following is a link to make reservations online:https://resweb.passkey.com/Resweb.do?mode=welcome\_ei\_new&eventID=9727 613

#### \*Please see full reports Regional website www. naflorida.org

#### NEW PROPOSALS:

Proposal :# 2- 9-12 Fellowship Development

#### Florida Regional Link Guidelines (GTFRS p.43)

The Florida Regional Website will link to the following: NA World Services, Florida RSO, member Areas of the Florida Region, and Southeastern Zonal Forum Members. The Florida Regional website does not endorse any references or external links, nor is it responsible for the contents of any subsequent links from those pages. It is our goal to link to web-pages that adhere to the Twelve Traditions of Narcotics Anonymous and the Narcotics Anonymous Fellowship In intellectual Property Trust (FIPT). Links will require that websites do not link to non-NA sites, publish copyrighted materials without permission or link to sites that do the same. The Florida Region will not link to Area websites that publish or link to unauthorized copyrighted materials. Areas are encouraged to use the Fellowship Approved disclaimer, "Narcotics Anonymous is not affiliated with these organizations, nor do we recommend one program over another. We simply provide this information in a spirit of cooperation" (IP#27), for any references not specified above. Sites that do not meet this requirement will be immediately removed and notified to comply with the Florida Regional Guidelines. The RSC group conscience may remove links to an Area website that it determines does not present a "clear NA message."

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#### Intent:

To follow: Our 12th Concept which states, "In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government," and Our 2nd Tradition, which states, "For our group purpose, there is but one ultimate authority, a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern," and Our 4th Tradition, which states, "Each group should be autonomous except in matters affecting other groups or NA as a whole," and Our 6th Tradition, which states that "An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose." Member areas of the Florida Region should not be indirectly *required* to adhere to Florida Regional guidelines. Areas should be able to develop a group conscience without intervention from the Florida Region. The Florida Region reserves the right to distance itself from an Area that the RSC believes is negatively "affecting other groups or NA as a whole."

**Bahamas Bermuda outreach –I Proposal** –To revise two line items in the Admin Budget to read Bahamas Workshop Travel and Bermuda Workshop Travel. The amount of \$3600 for each line item is to remain as is.

Rationale – Because of the difficulty of travel to the US for these two areas and the difficulty in finding trusted servants willing to travel to the US for six Regional Service conferences another way is being sought to carry the message of service and NA news and events to these two Island nations that belong to the Florida Region. The Bermuda Area has also just recently requested that the Florida Region come to their Area to conduct workshops specifically on Service as well as presentations regarding the current Service Structure and the proposed service System. The Bahamas Area has requested this of us several times since 2006. Sending a delegation of two trusted servants well versed in Service and with an ability and a willingness to not only travel freely outside the United States but to also spend two full days conducting presentations and workshops to the local fellowship has the potential of reaching many more addicts directly than when one individual attends a Regional Service conference sporadically. A new level of enthusiasm could be stimulated in the local fellowships of these two areas and entice more members back to participating in order to build a stronger network of recovering people on the islands. The Florida Region and the Bahamas Area experienced just these results after we brought a Regional Service conference to the Bahamas in 2006. While the enthusiasm lasted several months and it appeared that this could be sustained, what resulted was a gradual slide back into the complacency that was felt prior to our RSC in that Area. A sustained effort on the part of the Florida Region along with continued participation from each of these two local fellowships may assist in building stronger home groups, keeping long time members involved in order to mentor newer members to carry on in service on these islands, educate the professional community further about Narcotics Anonymous, give local addicts a safe haven and a viable choice for recovery. Small isolated (geographically) fellowships experience challenges that we may not experience and may require special effort and support in order to sustain a strong fellowship. Financial and Spiritual Impact - currently there is \$3600 per Area per budget year for each Area to send a representative to our Regional Service Conference. The reality is that travel is not always possible for these two areas when the RSC meets. The

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workgroup's research also found that it was generally (almost unanimously) agreed that one person receiving information and then disseminating that information would not be as impactful as two people disseminating information to a larger number of people directly. Visual Aids would further enhance that message. New faces and new voices also have a stimulating affect on people who may have been hearing the same voice and the seeing the same faces many times. Since currently there would be no budget change but the potential for reaching more addicts increases exponentially the financial impact to the Region as a whole and to the Bahamas and Bermuda Areas specifically is extremely positive and long lasting. The workgroup discussed suggested, specific qualifications which are the following: I Ability to travel outside the US legally (Valid Passport, no outstanding warrants here or abroad) I Integrity behind reproach I At least five years experience conducting NA workshops including roundtable discussions and interactive presentations Ability and willingness to conduct two full days of NA workshops with full availability to the local workshops while on the islands Complete familiarity with Service System Proposals, complete familiarity with current Service System in the Florida Region, consensus Based decision making, knowledge of Service Based NA Literature and material and ability to conduct or present the material to addicts who have never heard it before I Excellent listening skills and ability to respond to questions about most service based subject matter. Good verbal presentation skills I Knowledge, understanding, and application of twelve steps, twelve traditions, and twelve concepts.

#### **Open Positions**

The following positions are open.

1 position(s) Human Resources Panel member for FRSC – 8 years clean time and human

resources experience/ interviewing skills

1 position(s) Alternate Secretary for the FRSC – 3 years clean time and secretarial/ recording

#### Experience

6 members **Behind the Walls Sponsorship/The Bridge Project** Skills needed: Minimum 1 year clean actively participating in the NA Fellowship with a Sponsor, current and former Area H & I Chairs, Vice-Chairs and members with Penpal experience, Public Relations experience, members familiar with H&I Service Bulletin #5 Men working with Men, Women working with Women; Hospitals & Institutions Handbook Page 7; IP #11 Sponsorship Revised and the PR Handbook Page 112

# \*<u>special note:</u> Your are all encourage to view the full minutes on the Regional website www. naflorida.org

In Love Service,

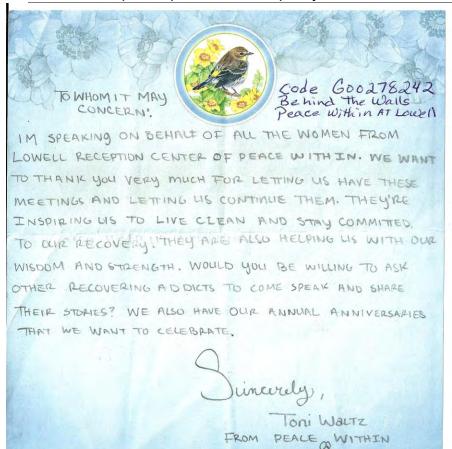
Kim S

#### FOREST AREA SERVICE COMMITTEE MINUTES April 14 2013 FASC Alt Secretary Nominee: Richard R.

#### Qualifications

Nominated by Belleview Group.

- 5 years of recovery
- 3 years as meeting chair person
- 6 months home group secretary
- 1 year co-chair for Cherokee Park and Cats Meetings
- Complete working knowledge of 12 steps/ 12 traditions
- Meets required qualifications in policy



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# Guidelines for Sponsoring Members Behind The Walls

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#### **INDEX OF DOCUMENTS**

1) Inmate Correspondence Guidelines
These are some guidelines that the H&I letter writing committee thought would be some useful tools. Remember, if a facility has a requirement that is not in our set of guidelines we still follow the facilities direction.
2) Sponsor signup sheet
The GSRs take these signup sheets back their meetings and ask for volunteers. At the end of the month, the GSR brings the list back to the ASC and gives them to the H&I Chair and the Chair brings them back the next H&I subcommittee and gets them to the Letter Writing Coordinator.
3) Announcement to be read at meetings
Just a little bit more information for members, thinking about becoming a letter-writing sponsor
4) Flier for the jails
This flyer is taken into the jails or wherever appropriate.
5). First letter to the inmate from coordinator
Just to let the inmate know that their letter has been received and that the process has begun.
6) Proper way to address correspondence
7) Letter to inmate that doesn't have enough time left
8) Letter to sponsor after inmate has been released page 9

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# FOREST AREA SERVICE COMMITTEE MINUTES April 14 2013 FASC Narcotics Anonymous

# Hospitals & Institutions

### Inmate Correspondence Guidelines

In addition to observing the rules of the correctional facilities regarding mail and correspondence, the following are guidelines for us to follow when writing NA members on the inside:

- 1. We introduce ourselves by briefly qualifying so the addict can get to know and identify with us. We let them know that our purpose in writing is to act as a sponsor and help guide them through the steps.
- 2. We try to let the inmate know that writing, like all forms of sharing, helps us as much as it helps him or her.
- 3. We let the inmate know that they are not alone.
- 4. We stay focused on recovery.
- 5. We encourage the inmate to attend any NA meetings that might be carried by their facility. We also strongly stress the importance of getting a meeting schedule for their area before they get out. This is so they can have a game plan and know when and where there is a meeting the FIRST day they get out.
- 6. If there is a desire to send a gift, we suggest a Basic Text, How It Works, Step Working Guide, Just For Today or other NA. literature. Before sending anything, see if the facility will allow it. Many correctional facilities will permit inmates to receive only literature sent directly from the publisher.
- 7. Never write anything you do not want the whole world to read. All mail is monitored by security in the jails and prisons. Ask yourself before you write, "Would I want everyone to know that I said or did this?"
- 8. In the spirit of our 12th tradition, we respect the anonymity of correspondents.
- 9. Men write to men, and women write to women.
- 10. We use the H & I PO Box for receiving mail rather than our home address. It is also Suggested that you maintain your personal anonymity by using your first name and last initial only.
- 11. In order to speed up the mail process and get you the sponsor, the correct mail, PLEASE have your sponsee address letters they write back to you as follows:

*NOTE:* If you are a cleared NA H&I volunteer going into a prison, you cannot participate in this program. It is a violation to communicate with a inmate if you are a volunteer.

First Name Last Initial

P.O. Box 2571 Ocala, FL 34478-2571

Thank you for your service commitment. You are sharing and caring the NA. Way,

"In order that no addict anywhere need die from addiction."

#### Pg. 18 of 28

# Forest Area

# of Narcotics Anonymous Hospitals & Institutions

# "Sponsoring Members Behind The Walls"

\*If you are interested in sponsoring an addict, that has more than a year left in custody, please fill out the information below, we will add you to our mail program sponsor list.

**Requirements:** 

- You have at least 1 year clean
- You are active in recovery
- You have worked~ the 12 steps of NA before
- You are willing to help an addict that is incarcerated work the step's through the mail
- If you are a cleared NA H&I volunteer going into a prison, you cannot participate in this program. It is a violation to communicate with an inmate if you are a volunteer.

Name Address Telephone # Clean Date Spanish Literate (Other?)

<sup>•</sup> Note to GSRs: Please check the signup sheet and return it to the next ASC meeting. H&I members- Please read at meetings

The H&I Correspondence program needs your help! We are in need of people to sponsor addicts that are incarcerated. The way the sponsor program works is addicts on the outside sign up to be a sponsor on the signup sheet I am going to pass around. The names are put into a database of available sponsors. The dedicated people who bring NA meetings to the jails and prisons let the inmates know they can get a sponsor by writing to the P.O. Box. After the inmates write to the P.O. Box, the letters are picked up by an H&I representative. This H&I representative finds an addict who has signed up to be a sponsor, from the database of available sponsors and forwards the inmates letter to them.

The sponsor writes directly to the inmate at the jail or prison where the inmate is and starts working the steps of NA with the inmate. When the inmate has completed a step assignment, they mail it to the P.O. Box and the H&I representative picks the letter up and forwards it to the assigned sponsor.

Some points to remember are:

- This is a great way to get into service!
- The Forest Area is one of only four areas that offer this program and we get letters from all over the United States. We need sponsors to write back to these incarcerated addicts.
- Your home address is never given out to any inmate that writes to the P.O. Box.
- The only persons who will have your address is the H&I representative who is in charge of the Correspondence program and the P.O. Box.
- All correspondence goes through the H&I P.O. Box.
- The letters are sent to you unopened.

The requirements to be are sponsor are:

- You have at least 1 year clean.
- You are active in recovery.
- You have worked the 12 steps of NA before.
- You are willing to help an addict that is incarcerated work the steps through the mail.

# Have a problem with drugs?

# We can help!

The Forest Area of Narcotics Anonymous has developed a program to help addicts that are incarcerated. As many of us know, recovery can begin anywhere, even in jail or prison. This program allows incarcerated addicts to start working the steps of Narcotics Anonymous with a recovering addict on the outside through the mail.

Our message is hope! If thousands of addicts all over the world can learn to live without drugs, so can you. It works if you give it a chance! If you want a new life through the 12-steps of Narcotics Anonymous, please give yourself a break.

The main objective of the "Sponsoring Members Behind The Walls" program is that the inmate get the opportunity to work all 12 steps with a sponsor. Any request we get from an inmate that has a <u>year</u> or more from their release date, will be eligible for a sponsor.

This program is not for obtaining a sponsor to work with after release. Nor is it to fulfill the request of the board. This program is for inmates with a desire to work the 12 steps of Narcotics Anonymous thru the mail with a member of Narcotics Anonymous.

Write to us if you want a sponsor through the mail and remember to include your *full name, exact address, booking number, PFN & the amount of time left in custody. All this information is necessary for us to correspond with you!* Please send your requests to:

#### **Sponsoring Members Behind The Walls**

#### PO Box 2571

#### Ocala, FL 34478-2571

If you do not hear from your sponsor within 30 days of your request or if it takes longer than 30 days for your sponsor to return your letters, please contact the correspondence coordinator at the above address and let us know so we can address the problem.

Our message is simple:

# "That no addict seeking recovery need die without a chance to find a better way to live"

Sincerely, Sponsoring Members Behind The Walls Program

#### Pg. 21 of 28

Welcome to the Forest Area of Narcotics Anonymous, "Sponsoring Members Behind The Walls" sponsorship by mail program. This letter is to let you know that we have received your request for a sponsor and we are currently in the process of assigning a sponsor to you. He or she should be contacting you at the address you gave us within a few weeks.

The Forest Area of Narcotics Anonymous started this program recently in response to the many requests for information from inmates in or from the Ocala, FL area. Your sponsor will be a recovering addict.

We ask our volunteers to keep the correspondence recovery oriented and we ask that they not grant favors such as money, personal contacts in the free world, etc. That is not what this is about. We do, however, care a great deal for you and want you to know that recovery can begin wherever you are, incarcerated or not. We hope that you will strike up a friendship via the mail with a recovering addict on the outside to take advantage of the experience, strength and hope that addict has to share with you.

Narcotics Anonymous is not a complicated program. It is a simple program for complicated people! Our only promise is freedom from active addiction. The key word there is definitely **FREEDOM!** Our message is one of hope. If thousands of addicts all over the world can learn to live without drugs, so can you. It works, so give it a chance.

We will have a sponsor assigned and writing you the first letter very soon. Do not despair if it takes a few weeks. Once you have a sponsor, it will not take long to get the correspondence going. Have faith, and if you want to, write us again. We would be happy to hear from you and know that you really want to work the steps.

#### FREEDOM IS THE PROMISE.

#### HOPE IS THE MESSAGE.

#### FAITH IS THE KEY.

#### KEEP COMING BACK --IT WORKS IF YOU WORK IT!!!

Sincerely,

Forest Area of Narcotics Anonymous

#### Pg. 22 of 28

"Sponsoring Members Behind The Walls" Program"

Dear Sponsor:

In order to process letters faster and ensure they are routed to the correct sponsor, please have your sponsee address his or her letters as follows:

First Name Last Initial P.O 2571 Ocala, FL 34478-2571

Please use this same address and format for your return address.

Thank you,

Correspondence Coordinator FASC H&I

Sponsoring Members Behind The Walls Pg. 23 of 28

# Forest Area of NA

# Hospitals & Institutions

# "Sponsoring Members Behind The Walls"

Sponsoring Members Behind The Walls was created to enable addicts that are incarcerated to work the steps with a sponsor through the mail. You stated in your letter that you will be released within the next Year. Unfortunately, that just does not allow enough time to accomplish the goal of starting the steps through the mail and building a relationship with another addict.

We do, however, care a great deal for you and want you to know that recovery can begin wherever you are, incarcerated or not. Narcotics Anonymous is not a complicated program. Our only promise is freedom from active addiction. The key word there is definitely FREEDOM! Our message is one of hope. If thousands of addicts all over the world can learn to live without drugs, so can you. It works, so give it a chance.

We hope to see you at a meeting when you are released.

In loving Service ~

Pg. 24 of 28

Narcotics Anonymous member

# Forest Area NA

# Hospitals & Institutions

# **Sponsoring Members Behind The Walls**

Your assigned inmate is out of custody and has not reported.

Due to the large request for sponsors, we would like to keep you as a sponsor and re-assign you to a new inmate. We hope that your relation with your new sponsee will grow and that the seed of recovery will be planted and blossom!

Please be prompt in getting your letter out to the inmate. This shows that we are there for them and we do care. If for some reason you are unable to keep your commitment as a mail sponsor, simply return the letter to the P.O. Box and we will assign a new sponsor to this inmate.

Thank you for your service commitment and for caring and sharing, the NA way!

#### Pg. 25 of 28



The Forest Area of Narcotics Anonymous has been requested to bring a Narcotics Anonymous H&I Presentation into the Marion County Jail for Women.

We have also been asked to help start a Behind the Walls Meeting into Marion Correction Institution for Men at Lowell.

These men and women are counting on YOU, to share what you have been given. If you have ever been locked in a jail, prison, or institution; You know how lonely it is, and now is your time to step into service.

# The Forest Area H&I needs your help!

Monday, May 6 at 6:45pm \*First Presbyterian Church\* 511 SE 3<sup>rd</sup> Street Room 2 Ocala, FL

#### FOREST AREA SERVICE COMMITTEE MINUTES April 14 2013 FOREST AREA OT NARCOTICS ANONYMOUS

#### Treasurer's Report

#### March/April 2013

- 1. Meeting attendance is fluctuating due to issues with the prison. Average still about 45-50, newcomers average about 6. 2. We would like to continue to receive the introductory guides.

- We have Z new women on the list.
   We continue to need more women to add to the list, as well as women who are willing to.
- Sponsor by mail. Please share this at your meetings.
   We need a more effective means of getting letters to and from women who sponsor. We are required to send the letters to the PO box, and then have to wait for representative to pick up the letters from the mailbox and wait for area for them to be distributed. Is there any way we can have the transfers happen more than once a month? If inmates write the homegroup of their sponsors on the envelopes, could we get the letters to them sooner?

Notes from Orientation, for the archives:

What we can bring in:

- Stick pens only (nothing with metal)
- No chewing gum
- Single car key
- No plastic bags

What we can wear:

- Biz casual attire

- ent Lasura ature
   Pants at knee or below, capris ok
   No: camouflage, provocative clothing, sieeveless, low cut, no leggings or spandex, nothing sheer
   no pants or skints that drag the floor, denim ok but avoid bilur, do not over-accessorize
   Snoes no flip flops but open toe ok

Behavior:

- Do not accept anything from inmates (no gum, candy, letters, gifts, etc.)
- Avoid body contact
- Avoid being overly personal

Additional information on FL DOC website under "For Volunteers"



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Questions about this confirmation or your billing? Call us at (000) 000-6501 or internationally at 1-680-220-4223.

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Forest Area Activities Committee Presents



#### Date & Time

May 27, 2013 8:00 am (Be there Early!)

#### Where

Rainbow Springs State Park 10830 SW 180<sup>th</sup> Ave. Road Dunnellon, FL North Entrance

#### Food

We provide the charcoal. Bring your OWN FOOD!



<u>Contact</u> Michelle (352) 593 – 1967 Helpline (352) 368-6061



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\*NA is NOT affiliated with Rainbow Springs State Park

Total Cost is \$10.60 Per Person Visa-MasterCard or Cash This price includes: Sales Tax Shuttle Ride Tube If you bring your own tube it is the same cost!

Very Important ! No tubes over 60 inches on the Rainbow River!!!!! NON Disposable Containers Only!

The Average Float time is around 2 - Hours

You can rent a tube, ride the tram up river and then float back to your point of origin, not needing a second vehicle. The float trip is approximately two hours long, depending on wind.

After floating down the river you can show your receipt for free admission to the headsprings area of the park at the US 41 entrance for a day of picnicking, nature study, swimming and family fun.

